

CCSI Preschool Snack List

All families bring healthy snacks/drinks to be shared by the class. This will often be required in kindergarten as well. Health Department rules and State of Illinois' licensing standards require that all outside snacks be store-bought and individually packaged.

We will usually have 12 school days per month. Please bring 12 servings of drinks and 12 servings of store bought snacks the first day of each month. If you have more than one child attending, please bring 12 servings per child.

We also appreciate donations of napkins, small disposable paper plates, small cups, and plastic silverware. We try to avoid high-salt snacks like crackers and pretzels.

Fruits and vegetables:

- Individual cups of applesauce, peaches or other fruits
- Fresh fruit, but please don't cut it at home.
- Raisins

Grains

- Dry cereals - individual or large boxes, avoid the high sugar cereals please
- Cereal bars
- Granola bars

Cheese/Dairy

- sliced, cubed or string cheese
- yogurt

Drinks

- Individual boxes of 100% juice
- Individual boxes of milk/chocolate milk (the non-refrigerated kind.)
- No Yoo-hoo or other milk product that is not real milk.
- No large containers of juice or milk, please.

Thank you!